

Ohio High School Football Coaches Association

Lineman Challenge

SATURDAY – JUNE 19, 2009
Dublin Coffman High School

Fee: \$50 for one Team of Five; \$25 for Each Additional Team of Five.

Tentative Scheduled Events:

1. Five Man Sled Push.
2. One Man Sled Push.
3. Five Man Tire Flip.
4. One Man Tire Toss.
5. Bench Press.
6. Farmers Walk.
7. Tug of War.
8. Sumo Circle.
9. Obstacle Corse.

Governing Rules:

1. Each Team should have a coach.
2. Competition will be held Rain or Shire
3. Awards will be presented at Halftime of Ohio North/South All-Star Game.
4. Bring Helmets and Mouthguards.
5. For further information please Check website at: OHSFCA.org

If your school would be interested in participating in the **Fourth Annual** OHSFCA Lineman Challenge Championships on Saturday, June 19, 2010, please respond by email to: maukm@kenton.k12.oh.us or return the bottom portion to: Mike Mauk,/Kenton High School/200 Harding Avenue/Kenton, OH 43326. Make all checks payable to: OHSFCA

Name of School _____ Coach _____

School Address _____ Phone Number _____

Email Address _____ No. of Teams _____